






The CHI St. Vincent “MammoVan” (Mobile Mammography Unit) is Coming to Our Wellness Fair!

**Appointment needed. To schedule a mammogram,
call 501-622-2174**




When: NLR Employee Appreciation Lunch & Wellness Fair
Thursday, November 19, 2015
10:00 AM – 2:00 PM

Where: North Little Rock Community Center, 2700 Willow St.

Guidelines:

-  35 years or older (*insurance pays for 1 baseline screening between ages of 35 and 40, then for annual mammogram for ages 40 and above*)
-  No personal history of breast cancer
-  No known problems (i.e. lumps, pain, discharge, etc.)
-  Must be at least one year from time of last mammogram
-  Cannot be a follow-up from an abnormal mammogram

Instructions:

-  Name and address of physician to send report
-  Insurance card and photo ID
-  No deodorant, body lotion, or powder

**Any questions or concerns, please contact Pam Howlett, Director of Operations,
CHI St. Vincent Hot Springs Women's Center: 501-622-2277**